



Newsletter

Editor : Arth Nana

Associate Editors : Yoshinosuke Fukuchi, J Patrick Barron, Kwun M Fong, Yasutomi Yamanaka

Message from the President



Time flies, another year has passed. We welcome the 'Year of the Horse', according to Chinese zodiac. I would like to extend my best wishes for 2014 to all members and their families. I would also like to extend my gratitude to Dr Toshihiro Nukiwa, Dr Shu Hashimoto, Dr Kazuhisa Takahashi and the rest of the team for their success in organizing the 18th Congress of the Asian Pacific Society of Respiratory (APSR2013) in Yokohama, Japan during 11-14 November 2013. Over 2,100 delegates from 41 countries/regions all over the world attended the congress. The scientific and social programmes were superb and well praised from all participants as well as from APSR sister societies, namely the ACCP, ALAT, ATS and ERS.

The APSR is delighted to welcome the Malaysian Thoracic Society (MTS), under the leadership of Dr Roslina Manap, as the latest society to join the APSR en bloc. Currently APSR en bloc societies are as follows: JRS (Japan), TSANZ (Australia and New Zealand), PCCP (Philippines), TSPCCM (Taiwan), KATRD (Korea), ISR (Indonesia), SRS (Shanghai, China) and MTS (Malaysia). I would also like to invite all other societies in the region to be part of the APSR as en bloc members. Details can be found on the APSR website: www.apस्प.орг/membership.html

The last APSR Executive Committee meeting in November 2013 approved the Education Committee's suggestion to increase the budget for ESAP to permit four seminars in 2014. The speakers will be asked to prepare the educational material in English, which will be uploaded to the APSR website for the benefit to all members. At the same meeting, we agreed to extend the duration for the APSR Short-Term Research/Training Fellowship from three to six months, if the researcher requests it. I encourage all members to use this channel to expand their collaborations and networks overseas.

The APSR and other regional respiratory societies around the globe, in the name of the Forum of International Respiratory Societies (FIRS), have developed the *World Report of Respiratory Diseases*. This publication will be used as an advocacy tool for the WHO summit on Non-Communicable Diseases (NCD) in 2014. Members are requested to visit the APSR website (www.apस्प.орг/) for details of this publication. The FIRS will once again organize a World Spirometry Day in the latter half of 2014. I will inform you once the details have been released. Please stay alert and plan the activities in your country.

The 'Year of the Horse' of 2014 also presents some challenges to the APSR. Our allied pharmaceutical companies worldwide have changed their policies regarding the financial support for scientific congresses. I cannot give the details or the effect of these changes to you at this time. We have to prepare to accept these changes and try to overcome the obstacles that we may face.

The next APSR Congress (19th) will be held 13-16 November 2014 in Bali, Indonesia under the leadership of Dr Faisal Yunus. I am looking forward to meeting you there. Please record the date in your diary and prepare yourself for another excellent APSR scientific congress.

Have a fabulous 2014.

Arth Nana

Message from the President-Elect/the Secretary General

I am pleased to announce how the APSR activities are increasing day by day. The successful 18th Congress of the APSR in Yokohama in November 2013, led by Dr Toshihiro Nukiwa, attracted more than 2,100 participants from 35 countries/regions. The programme was packed with 42 oral sessions (245 abstracts), 48 poster sessions (421 abstracts), 3 pre-congress PG courses, 1 ESAP, 3 invited lectures, 7 congress symposia, 16 Assembly symposia, and 21 co-sponsored seminars/symposia. The invited speakers from the ATS, ERS, ACCP and ALAT, kindly contributed very much to the meeting. I learned that most participants concluded that this congress was excellent because of its high quality.

There are many issues to be dealt with for the future development of the APSR, and the Executive Committee members have been enthusiastically discussing them. These include: (1) For our journal, *Respirology*, to surpass an Impact Factor of 3.0 soon, and reach the top tier of respiratory journals in the world. The journal is expected to keep serving the whole region and all APSR members, in addition to becoming increasingly renowned internationally. (2) To increase the benefits of ESAP, organizers will prepare their material for uploading to the APSR website. (3) Documents regarding region-specific topics are very important. Formal guidelines may be difficult to publish because a high level of evidence is demanded. However, the production of position papers is feasible. (4) The APSR Short-Term Research/Training Fellowship programme is very beneficial. To enhance the number of the candidates, it has been decided that the maximum duration should be six months from the current three months.

The APSR will continue to develop. The next APSR congress will be in Bali, Indonesia, 13-16 November 2014, under the presidency of Dr Faisal Yunus, who I'm sure will lead a great and successful congress.

Finally, I hope that you all have a very good 2014.

Michiaki Mishima

Message from the Editor-in-Chief of *Respirology*

It's with great pleasure that I look back on 2013 as a successful and rewarding year for *Respirology*.

Soon after the publication of the last APSR Newsletter in June, the 2012 journal impact factors were announced. I was pleased to see that the number of times *Respirology* papers had been cited increased again from the previous year, resulting in a 19% increase in impact factor from 2.416 in 2011 to 2.871 in 2012. *Respirology* is now ranked 18th out of 50 journals in the Respiratory Systems category.

In 2013, the number of submissions, acceptance rate and turnaround time have remained similar to 2012. The majority of submissions (60%) and published papers (62%) continued to originate

from the Asia-Pacific region. Compared to 2012, the proportion of submissions from China increased by 4%. Compared to other respiratory journals with similar citation rates, *Respirology* published a much larger proportion of citable papers from the Asia-Pacific region, consistent with its position as the major international journal representing Asia-Pacific respiratory research.

In 2013, *Respirology* published eight issues containing 119 Original Articles, 20 Invited Editorials, 25 Invited Reviews (belonging to review series on 'Translating Research into Practice', 'Tuberculosis', and 'Stem Cells and the Lung'), 3 Year in Review papers and several unsolicited Reviews, Scientific Letters and Correspondences. *Respirology* also published four supplements including the Abstracts of the Airway Vista meeting (Seoul, Korea), the Thoracic Society of Australia & New Zealand and the Australian & New Zealand Society of Respiratory Science 2013 Annual Scientific Meetings (Darwin, Australia) and the 18th Congress of the APSR (Yokohama, Japan) as well as an Airway Inflammation supplement. The latter contains five original research articles and two reviews, all focused on airway inflammation research in China. This supplement reflects the growing educational engagement between *Respirology* and the Chinese respiratory community.

The 2013 Fukuchi Award for Best Original Research Paper in *Respirology*, as selected by an independent panel of international experts, was presented to Dr Alev Gurgun (Turkey) for her paper on 'Effects of nutritional supplementation combined with conventional pulmonary rehabilitation in muscle-wasted chronic obstructive pulmonary disease: A prospective, randomized and controlled study' published in *Respirology* 2013, Volume 18, Issue 3, pages 495-500.

Since the publication of the last APSR Newsletter, *Respirology* has promoted Giorgio Piacentini (Italy) to an Associate Editor position and welcomed Melissa Benton (USA) and Tamera Corte (Australia) to the team of Associate Editors, while Kjetil Ask (Canada) joined the Statistical Review Board. I would like to take this opportunity to thank all Editors and Editorial Board members for their time commitment, expert advice and support of the journal throughout 2013. I would also like to thank all of the reviewers who provided great assistance to the Editors by assessing submitted papers and helping to deliver high-quality content.

In September, *Respirology* created a Twitter account (@RespirologyAPSR) and started tweeting about newly published content for *Respirology* and *Respirology Case Reports*. I invite all APSR members to become followers, and stay up to date with the latest publications in *Respirology* and *Respirology Case Reports*.

Finally, I would like to thank the rest of the team behind *Respirology* including the Editorial Office, the staff at Wiley-Blackwell, the APSR Secretariat and the APSR Executives for their hard work and support during 2013.

Peter Eastwood

Message from the Editor-in-Chief of Respirology Case Reports

I was delighted to accept the invitation to take on the role of Editor-in-Chief for *Respirology Case Reports*, the APSR's new open-access online-only journal dedicated to the publication of original clinical case reports in respiratory medicine. It is very satisfying to see the worldwide interest the journal has received since its launch in May with the publication of the first two issues in quick succession.

The new journal has been widely marketed by Wiley email campaigns, flyers, editorials and advertisements on the *Respirology* and APSR websites as well as a variety of other society websites. In the first six months since its launch, *Respirology Case Reports* has received 56 submissions, from 17 different countries with the majority of submissions (approx. 40%) originating from Japan. Approximately 70% of submitted case reports are being accepted for online publication. On average, authors are informed of the final decision within 21 days.

Respirology Case Reports published its first online-only issue in September 2013, containing the inaugural editorial by the Editor-in-Chief and seven case reports. The second issue was published soon after in December with 13 case reports. The journal has applied to PubMed Central for inclusion of the journal on its platform and, once included, all case reports will appear on PubMed Central as soon as they are published.

The journal boasts an impressive international team of Editorial Board members, who act as gatekeepers of the quality of the published case reports and I would like to thank each one of them for their expert advice and support. I would also like to thank the rest of the team behind *Respirology Case Reports* including Gary Lee, Peter Eastwood, Christel Norman and the rest of the Editorial Office staff, as well as the team at Wiley-Blackwell and the APSR Secretariat. I would also like to thank the APSR Executives for their support of this new publication.

I am looking forward to the year ahead and I hope that *Respirology Case Reports* will become an important resource for clinicians, in the Asia-Pacific region and globally, to share their experience with others and provide unique guidance for patient care. I encourage all APSR members to submit their case reports to the journal and take full advantage of the member discount.

Norbert Berend

Message from the 18th Congress President

I am delighted to report that the 18th Congress of the APSR was held successfully at the Pacifico Yokohama Conference Center, Japan on 11-14 November 2013. Following the two previous congresses in Japan, Tokyo 1988 and Kyoto 2006, the Local Congress Committee members of the Japanese Respiratory Society was very honoured to host the congress for the third time, celebrating

the 25th anniversary of the APSR.

Statistics for the congress endorse how it dealt with the theme "Creating Harmony in Asia-Pacific Respiratory Medicine". There were 2,124 delegates from 35 countries and regions, including 1,393 participants from overseas, with more than 100 renowned experts from within and outside the Asia-Pacific region sharing their updated knowledge and recent advances on a wide range of respiratory diseases. The Local Congress Committee had planned a comprehensive scientific programme, consisting of 3 pre-congress PG courses, 1 ESAP seminar, 3 invited lectures, 5 special programmes, 7 congress symposium, 16 assembly symposium, 2 joint programmes with other organizations, 42 oral sessions (245 abstracts), 48 poster sessions (421 abstracts), and 21 co-sponsored seminars and symposia, in addition to the 2 memorial lectures and presidential lecture. In the programme we attempted to include a new field: Although rare lung diseases are difficult to treat, some of them, LAM and PAP, are well controlled with an understanding of the disease mechanism. The Congress Symposium 4 was the first time in an APSR congress for this to be highlighted. A workshop for patients with respiratory diseases was also the first trail in our APSR history. The lectures in the main hall (Room 1) can be seen online at www.apsresp.org/congress/2013.php for the rest of this year, giving those members who could not attend the meeting a second chance to attend.

In addition to a series of congress awards, the APSR2013 Medal was presented to Dr Mary Sau-Man Ip of the University of Hong Kong. The Ann Woolcock Memorial Lecture was delivered by Dr Shu Hashimoto of the Nippon University, Japan and The Michiyoshi Harasawa Memorial lecture by Dr Peter Sly of the University of Queensland, Australia. The APSR Presidential Commendation Award went to Prof. J. Patrick Barron of Tokyo Medical University - a new award which was for his long-time service to the APSR.

We are most grateful for the participation of senior members from our sister respiratory societies: Dr Monica Kraft, Immediate Past President of the ATS; Dr Thomas W. Ferkol, President-Elect of the ATS; Dr Klaus Rabe, Past President of the ERS; and Dr Peter J. Barnes President of the ERS. We also had Dr Maria Montes de Oca, President of the ALAT, and Dr Michael H. Baumann, President of the ACCP, as our special guests. I would like to thank all the distinguished speakers for their great contribution to the congress programme. The standard of the congress was raised, thanks to the expertise and broad knowledge of our international faculty of speakers and researchers, the enthusiastic interest of our delegates, and the sponsorship of the pharmaceutical and instrument companies.

I would like also to acknowledge the tremendous input from the APSR Assembly Heads, and members of the Central and the Local Congress Committees, in planning the scientific and clinical programme.

Finally I would like to express my sincere gratitude to my fellow members of the Local Congress Committee, the Congress Secretariat, the APSR

Secretariat, Dr Yoshinosuke Fukuchi, Dr Shu Hashimoto, and Dr Kazuhisa Takahashi for their excellent teamwork and cooperation in organizing the 18th Congress of the APSR

Toshihiro Nukiwa

Awardees at the 18th Congress of the APSR, Yokohama

APSR Medal Mary Sau-Man Ip
APSR Woolcock Research Award Shu Hashimoto
APSR Harasawa Research Award Peter Sly
APSR Presidential Commendation Award J. Patrick Barron
Fukuchi Best Paper Award Alev Gurgun
APSR Travel Grant Ryo Arai/Maria Nina F. Banque/Chhar Bun Paul John Noel U. Chan/Xi Chen/Yu-mu Chen Diah Handayani/Kojiro Honda/Yi-Han Hsiao Eiji Iwama/Shigeo Kawase/Jaechun Lee Jong Hoo Lee/Chien-Chang Liao/Talha Mahmud Norikazu Matsuo/Atsushi Mitsuhashi Ayako Miyazawa/Jun-Pyo Myong Yasuhiko Nakamura/Naoki Okamoto Roland M. Panaligan/Stefanni Nonna M. Paraguas Zheng Peiyan/Nada Pitabut/Susan J Pizzutto Ling Qin/Takahiro Sato/Deepak K. Shah Bintang Y.M. Sinaga/Aya Sugiyama Hidenori Takekawa/Hongyi Tan/Nguyen V. Tho Yoshiro Toyama/Yasuaki Uehara/Mian Xie/Qiao Yu
APSR Young Investigator Award Delphine L. Chen/Min J. Joo/Kenji Kobayashi Edmund M.T. Lau/Kevin Looi/Deebye Raj Mishra Fariz Nurwidya/Md. Mamunur Rashid Ryo Teramachi

Message from the 19th Congress President

It is my great pleasure to invite you to join us in Bali, Indonesia, for the upcoming 19th Congress of the Asian Pacific Society of Respiriology (APSR2014).

Slated to take place on 13-16 November 2014, APSR2014 will convene about 2,500 participants from Indonesia and the region – a distinguished audience of researchers and clinicians in the field of respiratory medicine.

A wide range of topics of interest will be covered in the scientific programme, providing participants with an excellent opportunity to keep abreast of the latest developments, medical advances,

cutting-edge treatments, and breakthroughs in the management of respiratory illnesses.

As one of the most preferred tourist destinations in Asia, famous for the beauty of its nature and the uniqueness of its Hindu culture, I am sure that Bali will provide you with precious memories and experiences.

We look forward to seeing you at the congress soon.

Faisal Yunus

Message from the APSR Education Committee

Educational Seminar of APSR (ESAP): past and future

I am pleased to share with you our gratifying experience of coordinating and promoting quality education activities under the auspices of the APSR. The year 2013 witnessed the implementation of new ESAP guidelines from the initial proposal, to vetting and approval by the Education and Executive Committees, to the successful delivery of the various educational seminars and workshops by local hosts.

Three ESAPs were held in 2013 as follows:

1. Respiratory Research Methodology
City: Ho Chi Minh City, Vietnam
Date: 28 – 29 June 2013
Local host: Dr Lan Le Thi Thuyet
APSR Faculty: Dr Michael Abramson (Australia) and Dr Shigeo Muro (Japan)
The programme consisted of lectures and small group discussions, focusing on research methodology and applications in airway diseases, including asthma and COPD.
2. Pleural diseases
City: Shanghai, China
Date: 7 Nov 2013
Local host: Dr Chunxue Bai and Dr Yuanlin Song
APSR Faculty: Dr Gary Lee
The programme consisted of lectures and hands-on workshops
3. Interstitial Lung Diseases
City: Yokohama, Japan
Date: 11 Nov 2013
Local host: Dr Toshihiro Nukiwa. This was a pre-congress ESAP before the APSR2013.

The APSR Education Committee was happy to see these ESAPs well-delivered by local and regional faculties, and the events were all well attended by both local and regional delegates. By supporting these ESAPs, we believe that quality educational activities will be carried out with the participation of experts nominated by APSR and ultimately more professionals and academics in the Asia-Pacific



region will join the APSR.

We are planning ahead for further ESAPs in 2014. We are glad to have received continued interest in hosting ESAPs from previous as well as new hosts. One is entitled 'State of the Art Pulmonology' to be held in Quezon City, Philippines, hosted by the Philippine College of Chest Physicians (PCCP) in August 2014.

I would like to take this opportunity to thank the APSR Education Committee members, Dr Arata Azuma, Dr Richard Beasley, Dr Shu Hashimoto and Dr Kazuhisa Takahashi, for their unfailing support. We are looking forward to your continued participation in future APSR education activities.

David CL Lam

Report from the award winners to attend the APSR Congress **The award winners from the ATS**

It was an honour to be selected by the American Thoracic Society to be the recipient of the Young Investigator Award and to participate in the 18th Congress of the APSR. As a pulmonologist, intensivist, and health services researcher it was a wonderful opportunity to learn about current research from such a diverse group of individuals representing several countries with varying socioeconomic backgrounds. I was treated very graciously by the JRS and APSR and thoroughly enjoyed my experience in Yokohama.

I am always delighted to discuss my research, but was especially excited at the opportunity to present to this distinguished group of international researchers. My lab focuses on improving the diagnosis of COPD by enhancing the use of spirometry. We are not only focused on improving the use of spirometry but also interested in health outcomes and healthcare utilization when compared to those who are diagnosed and treated for COPD without the use of spirometry. Based on feedback from the audience, it became obvious that this was also an issue that needed to be addressed in several other countries. It was very interesting to know that many of the healthcare improvement challenges we face are similar, although the different healthcare systems may need unique interventions to improve the overall quality of care in each individual country.

Yokohama is a beautiful city and I thoroughly enjoyed my experience in Japan. Again I am thankful to the ATS and APSR for giving me this opportunity to meet and share my work with colleagues from the Asia-Pacific region. It was obvious that we all share a drive to add to the science to improve the lives of those with respiratory diseases. This was a unique experience that I will cherish forever.



Min Joo
University of Illinois at Chicago

The award winner from the ERS

I was honoured to be selected by the European Respiratory Society (ERS) to attend and present my work entitled "Human Rhinovirus Infection of Asthmatic Airway Epithelial Cells Causes Tight Junction Disassembly Resulting in Increased Permeability" at the 18th Congress of the APSR in Yokohama, Japan on 11-14 November 2013. It was an incredible opportunity to participate in such a meeting which brings together the various cultures from around the region as well as internationally and as such, I would like to extend my heartfelt gratitude to both the ERS and the APSR for organizing and funding my trip to this international conference. It was an immense delight to be able to present my research looking into the human rhinoviral effects on the asthmatic epithelium in the Distinguished Young Investigator session and it was a great forum to obtain valuable comments and feedback from the scientific audience on my work.

The many postgraduate courses available prior to the start of the congress was well-planned and as an early career researcher with a keen interest in asthma, I particularly found the Recent Trends and New Insights in Respiratory Infection course highly educational and enlightening. This course provided valuable insights into the ever-evolving world of respiratory infections and attending this course has reignited my desire to form better collaborative research. The invited lecture series, in which renowned international invited speakers held hour-long sessions, provided a wonderful opportunity for students, scientists and clinicians to have the rare occasion of interacting with some of the best known names of respirology. Both the presidential lecture and memorial lecture were likewise equally informative and enlightening. These sessions were then followed by the different themed symposia, where speakers presented their latest breakthroughs and developments to the audience. The oral and poster sessions, which were also similarly themed, provided a comprehensive overview of the various topics discussed.

In the sessions I attended, I was impressed by the large turn-out of eager conference participants, which led to highly stimulating discussions after each presentation. The quality of the presented work was universally of a very high standard and personally, it was an incredible experience to be exposed to this great diversity within the world of medical and scientific research performed in different countries. It was also fascinating to learn about the different medical conditions that we, in a developed nation, are less familiar with. My own presentation was very well-received and generated interesting questions and comments from the audience, which I have taken on board to improve my research. I left Yokohama having broadened my knowledge in the different aspects of respirology, many of which I have not been exposed to before. More importantly, I left Yokohama with a renewed sense of humility as well as determination, to strengthen medical research through collaborative efforts with our regional colleagues so as to

improve lung and respiratory health.

Once again, thank you to both the ERS and APSR for providing me with this delightful opportunity to not only present, but also, renew collaborative ties and form potential research efforts with colleagues from various countries. Finally, I would like to congratulate the Japanese Respiratory Society for their beyond excellent efforts in hosting such a wonderful event which I am sure, has provided all the delegates and myself with an immeasurable experience of Japanese omotenashi. Arigatou gozaimasu,



Kevin Looi
University of Western Australia

I am from Nepal, and after finishing my MD in Medicine, am practicing to be a pulmonologist. Being in a country where medical research is at its nascent stages and going abroad only a dream, I applied anyway for an APSR congress travel award, knowing very well that if I did not get an award there was no way that I could afford this trip to see the cutting edge research in our field. So it was a pleasant surprise when I got a mail to say that my paper had been accepted for the APSR/ERS award to attend the congress.

The excitement of getting the award was soon followed by the anxiety of having to present my paper in front of an international audience. I remember that even during my flight to Tokyo the whole presentation was playing on my mind. There was another pleasant surprise; seeing one's name and picture displayed in the lobby. It was an odd feeling of inadequacy to think that it was not my place, yet at the same time encouraged to do other researches and be awarded in similar ways. The pressure of the presentation was building up. Finally, the presentation was over (and I did not stumble once), and I could breathe properly again. Now I had an open mind to take in the magnitude of the congress.

For a young doctor from a developing country, it was a great achievement. Just the fact that I was there and attending inspiring seminars with topics ranging from COPD to lung cancer to bronchoscopy, by the world's best, inspired me to focus on more research, aim to be an expert and dream of delivering a lecture as an expert one day.

At this point I would like to express my gratitude to the European Respiratory Society (ERS) and the APSR for giving me the chance. It is opportunities like these that encourage and inspire young doctors to work even harder every day. And finally, a heartfelt thanks to the organizing committee and the Japanese people for making us feel so welcome during the whole event.



Deebya Raj Mishra
BP Koirala Institute of
Health Sciences

The award winner from the TSANZ

As the recipient of the award as the Ann Woolcock Young Investigator of the TSANZ, I had the privilege to attend the 18th Congress of the APSR in Yokohama, Japan. This represented an invaluable and special opportunity to present my research at a major international meeting and I thoroughly enjoyed the experience! The APSR Young Investigator Session is unique in that it brings together early career researchers from all corners of the world representing their respective societies into a single session.

I was especially delighted to present oral papers at both the Young Investigator and Pulmonary Hypertension sessions. My research focuses on novel imaging and haemodynamic techniques for the detection and assessment of pulmonary vascular disease. I presented some of my PhD work on using SPECT perfusion imaging to study gravity-dependent redistribution of lung perfusion, dobutamine stress echocardiography to non-invasively measure pressure-flow relationships of the pulmonary circulation, and wave intensity analysis of the pulmonary circulation.

This was my first APSR congress and I thought the programme was excellent with the right balance of original research and clinical sessions. There were so many interesting sessions with world-renowned experts that I had difficulty choosing which ones to attend! This is always the sign of a great meeting.

The hospitality offered by the local organisers was warm, generous and seamless. Yokohama is a beautiful harbour city and I even had the chance to visit Tokyo prior to leaving back for Australia.

I would like to thank the APSR and TSANZ for their support, particularly to early-career researchers like myself. I particularly enjoyed my interaction with fellow clinicians and scientists from the Asia-Pacific region. I look forward to attending many more future APSR congresses.



Edmund Lau
Royal Prince Alfred Hospital



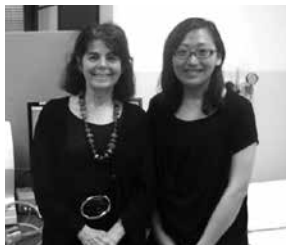
Young Investigator Awardees with Dr Toshihiro Nukiwa (left) and Dr Kazuhisa Takahashi (right)

Report from the award winner for APSR Short-Term Research/ Training Fellowship

With the support of the APSR Short-Term Research/ Training Fellowship, I worked with Dr Jennifer Alison of the University of Sydney to conduct a research study at the Department of Respiratory Medicine of the Royal Prince Alfred Hospital from June to August 2013.

During my stay in Sydney, I could uplift my research skills and knowledge in the respiratory assessment and diagnostic tests of asthma, particularly the Eucapnic Voluntary Hyperventilation (EVH) test. The EVH test is used as a surrogate to exercise, to diagnose whether people suffer from Exercise Induced Asthma (EIA). As a physiotherapist, prescribing appropriate exercise based on the patient's condition for training is our main role. My research interests are to explore interventions to improve the exercise capacity; to optimize the training intensity for people with respiratory diseases and to elucidate the physiological mechanisms behind. With this training, I have uplifted my skills in assessing and diagnosing people with EIA, which will be essential for me in designing future research studies. Under the supervision of Dr Alison, I conducted a pilot study to put what I had learnt during the fellowship into practice. The pilot study explored the use of Acu-TENS, an East-meets-West integrative therapy, on the management of people with asthma in response to EVH test.

I wish to thank the APSR for offering me this short term research fellowship which gave me an invaluable opportunity to advance my knowledge in respiratory medicine and rehabilitation. Last but not least, my sincere thanks to Dr Jennifer Alison (my host supervisor), Dr Gabriel Ng and Dr Margaret Mak (my home supervisors), physicians and respiratory scientists at the Department of Respiratory Medicine, and colleagues at the Department of Physiotherapy of the Royal Prince Alfred Hospitals, who have given me support to facilitate my research study during the fellowship.



Dr Jennifer Alison (left)
and Dr Shirley Ngai (right)

Shirley Ngai
The Hong Kong
Polytechnic University

FORTHCOMING MEETINGS

2014

33rd Annual Chest Convention of the Philippine College of Chest Physicians
5-8 March, Taguig City, Philippines
Email: secretariat@philchest.org

Website: www.philchest.org

2014 Annual Scientific Meeting of the Thoracic Society of Australia and New Zealand
4-9 April, Adelaide, Australia
Email: tsanzsrs@tcc.co.nz
Website: www.tsanzsrs2014.com

116th Annual Meeting of the Korean Academy of Tuberculosis and Respiratory Diseases
11 April, Choongchungnamdo, Korea
Website: www.lungkorea.org/

54th Annual Meeting of the Japanese Respiratory Society
25-27 April, Osaka, Japan
Email: 54jrs@jrs.or.jp
Website: www.jrs.or.jp/jrs54/en/index.html

ATS 2014 International Conference
16-21 May, San Diego, USA
Website: conference.thoracic.org/2014/

17th PCCP Midyear Convention
6-7 August, Mandaluyong City, Philippines
Email: secretariat@philchest.org
Website: www.philchest.org

ERS 2014 International Congress
6-10 September, Munich, Germany
Website: www.erscongress.org/

IMIG2014 Meeting (International Mesothelioma Interest Group)
21-24 October, Cape Town, South Africa
Email: imig2014@allevents.co.za
Website: www.imig2014.org

117th Annual Meeting of the Korean Academy of Tuberculosis and Respiratory Diseases
24-25 October, Seoul, Korea
Website: www.lungkorea.org/

CHEST 2014 Annual Scientific Meeting of the ACCP
25-30 October, Austin, USA
Website: www.chestnet.org/Education/CHEST-Meetings/CHEST-2014

19th Congress of the Asian Pacific Society of Respirology
13-16 November, Bali, Indonesia
Email: secretariat@apsr2014.org
Website: www.apsr2014.org/Home.aspx

2015

55th Annual Meeting of the Japanese Respiratory Society
17-19 April, Tokyo, Japan

20th Congress of the Asian Pacific Society of Respirology
3-6 December, Kuala Lumpur, Malaysia

2016

21st Congress of the Asian Pacific Society of Respirology
12-15 November, Bangkok, Thailand

Officers of the APSR

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Secretary General & President-Elect: Michiaki Mishima
Treasurer: Teresita de Guia
Editor-in-Chief: Peter Eastwood

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Hong Kong:	Mary Sau-Man Ip	Singapore:	Kanagasuntheram Narendran
Indonesia:	Faisal Yunus	Taiwan:	Reury-Perng Perng Ying-Huang Tsai Pan-Chyr Yang
Japan:	Michiaki Mishima Mitsuru Munakata Masaharu Nishimura Toshihiro Nukiwa		

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Mary Sau-Man Ip Masaharu Nishimura Paul Reynolds Faisal Yunus

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Research Committee:

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Education Committee:

David CL Lam

Nomination Committee:

Yoshinosuke Fukuchi

Finance Committee:

Teresita de Guia

Membership Committee:

Paul Reynolds

Central Congress Committee:

Kwun Fong

Presidents of the Congresses:

1st Congress	Tokyo	1988	Michiyoshi Harasawa
2nd Congress	Bali	1990	Hood Alsagaff
3rd Congress	Singapore	1993	Wan-Cheng Tan
4th Congress	Beijing	1996	Wei-Ci Luo
5th Congress	Sydney	1998	J. Paul Seale
6th Congress	Florence	2000	Ann J. Woolcock
7th Congress	Taiwan	2002	Kwen-Tay Luh
8th Congress	Selangor	2003	Chong-Kin Liam
9th Congress	Hong Kong	2004	Wah Kit Lam
10th Congress	Guangzhou	2005	Nan Shan Zhong
11th Congress	Kyoto	2006	Yoshinosuke Fukuchi
12th Congress	Gold Coast	2007	Christine Jenkins
13th Congress	Bangkok	2008	Arth Nana
14th Congress	Seoul	2009	YoungSoo Shim
15th Congress	Manila	2010	Teresita de Guia
16th Congress	Shanghai	2011	Chunxue Bai
17th Congress	Hong Kong	2012	David Hui
18th Congress	Yokohama	2013	Toshihiro Nukiwa
19th Congress	Bali	2014	Faisal Yunus
20th Congress	Kuala Lumpur	2015	Roslina Abdul Manap
21st Congress	Bangkok	2016	Sumalee Kiatboonsri

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